## **BRISBANE CITY COUNCIL Cycling Brisbane GOLD PROGRAM - Jul to Dec 2021**

- Bushranger Bikes Program

Date/s (incl. day of the week)	Location (incl.	Meeting location	Activity title	Start time	Finish time	Description	Bookings required	Program	Age specific requirements	Participant cost	Specific requirements
Thursday 1/07/2021  Cancelled - COVID  Lockdown	Grovely Sports Ground Park Keperra	Meet at the car park, Hanran Street, 15 minutes before the ride starts	Bicycle Ride	9:30:00	13:00:00	Upper Kedron Brook: Intermediate distance and medium paced social 35+ km ride. Follow Kedron Brook from its upper reaches to Alderley, the Grange, Toombul and to Nundah for a break. The return will include a short loop through Wavell Heights and then back to the brook. Can be a hot ride with head breezes. This ride would suit those with a reasonable level of fitness and some cycling experience.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Wednesday 14/07/2021	Orleigh Park, West End	Meet at the car park (cnr Riverside Drive and Hill End Terrace) 15 minutes before the start time	Bicycle Ride	9:30:00	13:00:00	The River West: Medium paced social 35+ km ride to Toowong via the Go Between Bridge, along the Bicentennial Bikeway, branching off to pick-up the Western Freeway path. Some climbing along this section of the path over Moggill Road and crossing the Brisbane River at Jindalee, with a spin out to Rocks River Park. After a short break we retrace back to Toowong for a break. Out to St Lucia and the Uni, over the Lady Eleanor Schonell Bridge and back to Orleigh Park via Gladstone Road and Dornoch Tce Highgate Hill. Expect some hills and can be a hot ride. This ride would suit those with a reasonable level of fitness and some cycling experience.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.

Thursday 29/07/2021  New Date	Grovely Sports Ground Park Keperra	Meet at the car park, Hanran Street, 15 minutes before the ride starts	Bicycle Ride	9:30:00	13:00:00	Upper Kedron Brook: Intermediate distance and medium paced social 35+ km ride. Follow Kedron Brook from its upper reaches to Alderley, the Grange, Toombul and to Nundah for a break. The return will include a short loop through Wavell Heights and then back to the brook. Can be a hot ride with head breezes. This ride would suit those with a reasonable level of fitness and some cycling experience.		GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Wednesday 4/08/2021 Cancelled - COVID Lockdown	Downfall Creek Bushland Centre McDowall		Bicycle Ride	9:30:00	13:00:00	Mountain to mangroves trail: Medium paced 35+ km ride with a mix of bike paths, back road sections and hills. Follow Downfall Creek to Virginia, and on to Banyo for a break. Cycle through back streets and then pick up the Gateway Arteial Bikeway. Follow this back to Taigum and pick up the Cabbage Tree Creek corridor through Fitzgibbon, Carseldine,some back streets through Aspley to Raven Street Reserve. There will be rest breaks to suit the group as it can be a hot ride with head winds. This ride would suit those with a reasonable level of fitness and some cycling experience.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.

Thursday 19/08/2021	Thompson Estate Reserve, Greenslopes	Meet at the carpark at the corner of Victoria Terrace and Baron Steet 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	Freeway, City and Norman Creek Loop: Easy to medium-paced 25 km ride from Greenslopes. We will follow the South East Freeway Bikeway into the city, ride from South Bank, then a city/river loop over the Go Between and Goodwill bridges - for a break. The return will be a spin through Kangaroo Point, Dockside, Mowbray Park and Stones Corner following Norman Creek back to Greenslopes.	No	GOLD	Seniors	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Wednesday 25/08/2021	McDowall Reserve McDowall	Meet at the Reserve entrance, cnr of Speilberg Street and Stallone Circuit 15 minutes before the start time	Bicycle Ride	9:30:00	13:00:00	Northern suburbs and creeks explorer ride: Quicker paced 40-45 km ride from McDowall following the Cabbage Tree Creek bikeways and paths through Bridgeman Downs, Aspley, and then some back streets to pick up the Mountain To Mangroves corridor at Chermside West & out to Virginia and Nundah. Then we will follow the Brook and Northern Gateway Arterial paths back to Boondall, Taigum, Fitzgibbon, Carseldine and pick up the Cabbage Tree Creek corridor back to McDowall. Includes bike paths and roads. This ride would suit regular cyclists with a reasonable level of fitness.	No	GOLD	Seniors	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.

Monday 30/08/2021  New Date	Bushland Centre		Bicycle Ride	9:30:00	13:00:00	Mountain to mangroves trail: Medium paced 35+ km ride with a mix of bike paths, back road sections and hills. Follow Downfall Creek to Virginia, and on to Banyo for a break. Cycle through back streets and then pick up the Gateway Arteial Bikeway. Follow this back to Taigum and pick up the Cabbage Tree Creek corridor through Fitzgibbon, Carseldine,some back streets through Aspley to Raven Street Reserve. There will be rest breaks to suit the group as it can be a hot ride with head winds. This ride would suit those with a reasonable level of fitness and some cycling experience.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Thursday 9/09/2021		Meet at the park, Riaweena Street West (by the Creek near the School Road pedestrian bridge) 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	Western creek explorer: Easy to medium paced social 25 km + ride from the upper reaches of Enoggera Creek through The Gap, St John's Wood and Banks Street Reserve to Kelvin Grove. Continue for a short loop through Downey Park and the Northey Street Gardens, returning to Kelvin Grove for a break. Then we retrace our path to The Gap. Ride includes some hills.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Wednesday 15/09/2021	Finsbury Park Newmarket	Meet at the car park at the end of Finsbury Street, 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	Parklands and South Bank: Easy to medium-paced 25 km ride following the bikeway from Finsbury Park across Enoggera Creek, past Victoria Park. Ride through the bike and pedestrian tunnel to Roma Street Parkland, city courts precinct and Kurilpa Bridge to QGOMA and then return.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.

Monday 20/09/2021	Moora Park Shorncliffe	Meet at the top car park (Swan Street) 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	Northern bayside: Medium paced 30 - 35km social ride from Shorncliffe to Nudgee Beach via Deagon, the Entertainment Centre, Boondall Wetlands, Northern Gateway Arterial path and return. Mainly flat on bike paths and quieter back roads. Due to the distance and open exposed areas, this ride would suit regular cyclists with a reasonable level of fitness.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Thursday 30/09/2021	Grinstead Park	Meet at the top car park by the playground at Shand St 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	Kedron Brook Spin: Social 25 km easy paced ride following Kedron Brook to Toombul and then explore the paths to Skygate at Eagle Farm. There will be rest breaks to suit the group as it can be hot with head winds.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
	Dorrington Park Ashgrove	Meet at the hockey grounds car park, Mirrabooka Road, 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	Urban explorer ride: Medium paced social 30-35 km ride. Follow Ithaca and Enoggera creeks through many shady parks and suburbs including St John's Wood, Banks Street Reserve, Ashgrove, Downey Park, Victoria Park and a loop through Kelvin Grove Urban Village. The return includes a short section of the Breakfast Creek trail. Expect a couple of steep climbs.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Friday 22/10/2021	Upper Kedron Recreation Reserve Upper Kedron	Meet at the playground car park, top of Upper Kedron Road, 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	Ferny Grove suburban explorer: Explore the bike paths and cycling routes around Ferny Grove. Quiet back roads, some rural areas and a section of the old Ferny Grove to Samford rail corridor. Undulating 25+ km ride with rest stops to suit the group.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.

Thursday 28/10/2021	Orleigh Park, West End	Meet at the car park (cnr Riverside Drive and Hill End Terrace) 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	City and river loop: Easy to medium paced social 25-30 km ride to Toowong via the Go Between Bridge, along the Bicentennial Bikeway, through St Lucia and the university, over the Eleanor Schonell Bridge and into the city via Norman Creek Bikeway. Continue through South Bank or cross the Goodwill and Go Between bridges and return to West End. Expect some hills.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Monday 8/11/2021	Arthur Davis Park Sandgate	Meet in front of the swimming pool, Flinders Parade, 15 minutes before the start time	Bicycle Ride	9:30:00	13:00:00	Brisbane's northern foreshore: Medium-paced 35-40 km cycle along the Sandgate foreshore to Brighton. Then ride along the Deagon Deviation and out to Nudgee Beach via Boondall Wetlands trail. There are loop options now available using the new Gateway Arterial paths and we will return via Shorncliffe. Mainly flat ride that follows bike paths and quieter back roads. Due to the distance and open exposed areas, this ride would suit regular cyclists with a reasonable level of fitness.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Wednesday 17/11/2021	Hickey Park Stafford	Meet at the entry to the sports ground, end of Babarra Street, 15 minutes before the start time	Bicycle Ride	9:30:00	12:00:00	The Brook: Social 20 km easy paced ride following Kedron Brook to Toombul and then some back streets to Northgate. A little on road riding through to Nundah and then across to the Kedron Brook path at Kalinga PK and back to Hickey PK. There will be rest breaks to suit the group as it can be hot with head winds.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.

Thursday 25/11/2021	Elanora Park Wynnum	Meet at the car park inside the boom gate, Granada Street, 15 minutes before the start time	Bicycle Ride	9:30:00	12:00:00	Brisbane's southern foreshore: Easy paced social 20 km ride along the beautiful foreshore from Wynnum North, through Manly for a break at the boat harbour. Then on to Lota for a loop and return.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Friday 3/12/2021	Teralba Pk Mitchelton	Meet at the car park by the Soccer Fields - off Osborne Road, 15 minutes before the start time	Bicycle Ride	9:30:00	12:00:00	Cycle the Brook: Easy paced, flat, social 20 - 25km ride following Kedron Brook through Alderley, Stafford, Kedron and Clayfield to Toombul. A lap of the Criterium Track and then return via the brook trail with a loop around Mercer Park Wavell Heights.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.
Thursday 9/12/2021	New Farm Park New Farm	Meet at the rotunda in the park 15 minutes before the start time	Bicycle Ride	9:30:00	12:30:00	City and river explorer Xmas ride: Social, easy-paced 20-30km cycle from New Farm Park into the Brisbane CBD past Waterfront Place and through the City Botanic Gardens, where we'll visit the nesting stone curlews. We then continue to South Bank, Kangaroo Point and return. This ride has some hills. There will be an optional extension along the boardwalk to Teneriffe and Newstead & possibly to Bretts Wharf Hamilton return - additional 5 - 8kms.	No	GOLD	Seniors	Free	Bring a bicycle and helmet if you have one, otherwise phone Jon on 0409 053 694 to organise equipment hire - \$15. Bring money for a coffee stop.