



### Active Parks Bike Rides – July 2010 to September 2010

Park	Date/Day	Suburb	Details	Start/Finish Time	Meeting Point	UBD Reference	Booking
Thompson Estate	Friday 9 July 2010	Greenslopes	<b><u>Bats, Boats and Bridges Bike Explorer</u></b> – Follow the Norman Creek, East Brisbane corridor past a bat colony into the city via Dockside, then ride out to St Lucia via the River Bikeway. <b>Rating:</b> Distance approx 35kms, mix of bike paths and road sections, some hills and can be hot. Moderate pace.	<b>9:30 AM to</b> approx. 12:00 – includes coffee stop	Car park – Pine St – beside the hall. Greenslopes.	Map 180, Ref E7	No booking required. Just be at the meeting point 15 minutes before the start of the ride.
Dorrington Park	Saturday 17 July 2010	Ashgrove	<b><u>Creek Cruiser Ride</u></b> – Ride to Roma St Parklands following the Enoggera Creek trail and return via the Ithaca Creek loop. <b>Rating:</b> Distance approx 30kms. Bike paths and some road sections. Some undulations - Moderate pace.	<b>9:00 AM to</b> approx. 12:00 – includes coffee stop	Car park at the hockey grounds, Mirrabooka Road.	Map 138, Ref P18	No booking required. Just be at the meeting point 15 minutes before the start of the ride.

Grinstead Park	Saturday 31 July 2010	Alderley	<b>Brook to Bay</b> – follow Kedron Brook to Nudgee Beach return. <b>Rating:</b> Approx. 40kms distance, mainly bike paths, can be hot with head winds. Quicker pace.	<b>9:00 AM</b> to approx. 1:00 – includes coffee stop at Nudgee Beach.	Car park at the playground, Shand St Alderley	Map 139, Ref D8	No booking required. Just be at the meeting point 15 minutes before the start of the ride.
Orleigh Park	Sunday 8 August 2010	West End	<b>Follow the River Ride</b> - Includes Highgate Hill, the Green bridge, St Lucia and a city river loop. <b>Rating:</b> Distance approx 30kms. Bike paths and some road sections. Some hills - Moderate pace.	<b>9:00 AM</b> to approx. 12:30 – includes coffee stop.	At the car park, corner of Hill End Tce and Riverside Drive.	Map 21, Ref E18	No booking required. Just be at the meeting point 15 minutes before the start of the ride.
Kalinga Park	Wednesday 11 August 2010	Clayfield	<b>Ekka Holiday Beach Cruiser Dinner Ride</b> - Ride to Nudgee Beach return. <b>Rating:</b> Distance approx 26kms. Mainly flat on bike paths and quieter back roads, but it can be hot with headwinds. Easy pace.	<b>3:30pm</b> to approx. 7:00pm – includes coffee stop.	Car park at the end of Park Ave, by the playground	Map 140, Ref I 3	No booking required. Just be at the meeting point 15 minutes before the start of the ride.
Grovely Sports Ground Park	Saturday 28 August 2010	Grovely	<b>Kedron Brook Ride</b> – Follow Kedron Brook from its upper reaches to Clayfield and return. <b>Rating:</b> Distance approx 45kms. Mainly flat on bike paths and quieter back roads, but it can be hot with headwinds. Quicker pace.	<b>8:30 AM</b> to approx. 12:30 – includes coffee stop.	Hanran Street, Grovely.	Map 138, Ref C2	No booking required. Just be at the meeting point 15 minutes before the start of the ride.
Teralba Park	Sunday 5 September 2010	Everton Park	<b>Brook to Bay Ride:</b> Approx. 50kms distance through to Nudgee Beach return. <b>Rating:</b> bike path mainly flat – there can be head winds and the path is open and can be hot. Quicker pace.	<b>8:30 AM</b> to approx. 12:30 – includes coffee stop.	Sports ground car park off Osborne Road	Map 138, M2	No booking required. Just be at the meeting point 15 minutes before the start of the ride.
Arthur Davis Park	Tuesday 14 September 2010	Sandgate	<b>The Two Beaches Ride - Sandgate beachfront to Nudgee Beach via the Boondall Wetlands.</b> <b>Rating:</b> Distance approx 40kms. Mainly flat on bike paths and quieter back roads, but it can be hot with headwinds. Moderate pace.	<b>9:00 AM to approx. 12:30 – includes coffee stop at Nudgee beach.</b>	Flinders Pde, Sandgate, beside swimming pool.	Map 110, Ref Q2	No booking required. Just be at the meeting point 15 minutes before the start of the ride.

No bookings are required for the rides. Quality mountain bikes (including helmets and gloves) are available for hire for \$15 per activity - please call - Office: 07 31391402, Mob: 0409053694 or e-mail ([jon@bushrangerbikes.com.au](mailto:jon@bushrangerbikes.com.au)) to book a bike and give size details. All our rides include a stop for coffee and a snack (so make sure you bring some change), great company and a chance for a chat.